

1 Mesoscale mixing of the Denmark Strait Overflow in the
2 Irminger Basin

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9 **Abstract**

The Denmark Strait Overflow (DSO) is a major export route for dense waters from the Nordic Seas forming the lower limb of the Atlantic Meridional Overturning Circulation, an important element of the climate system. Mixing processes along the DSO pathway influence its volume transport and properties contributing to the variability of the deep overturning circulation. They are poorly sampled by observations however which hinders development of a proper DSO representation in global circulation models. We employ a high resolution regional ocean model of the Irminger Basin to quantify impact of the mesoscale flows on DSO mixing focusing on geographical localization and local time–modulation of water property changes. The model reproduces the observed bulk warming of the DSO plume 100–200 km downstream of the Denmark Strait sill. It also reveals that mesoscale variability of the overflow (‘DSO-eddies’, of 20–30 km extent and a time scale of 2–5 day) modulates water property changes and turbulent mixing, diagnosed with the vertical shear of horizontal velocity and the eddy heat flux divergence. The space–time localization of the DSO mixing and warming and the role of coherent mesoscale structures should be explored by turbulence measurements and factored into the coarse circulation models.

10 *Keywords:*

11 Denmark Strait Overflow, mesoscale, mixing, vertical eddy heat flux,
12 internal waves

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13 1. Introduction

14 The Denmark Strait Overflow (DSO) Water (potential density referenced
15 to the surface $\sigma_{\theta}=\rho_{\theta}-1000 \geq 27.8 \text{ kg m}^{-3}$, the units are dropped hereafter) is
16 a mixture of water masses formed in the Arctic and the Nordic Seas. At the
17 Denmark Strait (DS) sill the DSO appears as a hydraulically controlled flow
18 (Whitehead, 1998; Käse and Oeschies, 2000; Girton *et al.*, 2001; Macrander
19 *et al.*, 2005; Dickson *et al.*, 2008; JungCLAUS *et al.*, 2008) with a mean volume
20 flux of approximately 3.4 Sv and variance of 2 Sv^2 ($1 \text{ Sv}=10^6 \text{ m}^3 \text{ s}^{-1}$), and
21 showing no detectable trend in the time series over the 15-year observation
22 period (1996–2011, Jochumsen *et al.*, 2012). The highest variability in the
23 volume flux is associated with pulses with time scales of 2–10 days (1.5 Sv^2
24 variance in the mooring time series) and attributed to the mesoscale features.
25 Seasonal variability is weak and explains less than 5%, and the interannual
26 variability is on the order of 10% of the mean (Jochumsen *et al.*, 2012).
27 Modeling studies associate the interannual variability of the DSO volume
28 flux to the wind forcing (Köhl *et al.*, 2007) though this relation is not clear
29 in the mooring observations (Jochumsen *et al.*, 2012). At the DS sill, also
30 the DSO water composition (temperature, salinity) exhibits interannual-to-
31 decadal variations due to changes in the upstream source waters or pathways
32 (Rudels *et al.*, 2003; Serra *et al.*, 2010).

33 Leaving the sill, the DSO is composed of mesoscale (20–30 km) boluses of
34 dense water cascading into the Irminger Basin at intervals of 2–5 days (e.g.,
35 Girton and Sanford, 2003; Magaldi *et al.*, 2011) with a smaller contribution
36 (estimated 0.5–1 Sv) of dense waters recirculating on the shelf and spilling
37 off into the basin downstream off the sill (e.g., Pickart *et al.*, 2005; Koszalka
38 *et al.*, 2013; Jochumsen *et al.*, 2015). The boluses are overlaid by cyclonic
39 eddies documented by observations (Bruce, 1995; von Appen *et al.*, 2014b)
40 and regional models (e.g., Käse *et al.*, 2003; Magaldi *et al.*, 2011; Magaldi
41 and Haine, 2014). These cyclonic eddies formed either through stretching
42 of the water during the descent of boluses from the sill (Bruce, 1995; von
43 Appen *et al.*, 2014b), or through friction effects (Hill, 1996), or a combina-
44 tion of both mechanisms (Käse *et al.*, 2003). Downstream at the SJ section,
45 the bolus-eddy structures propagating with speeds of $\sim 0.5 \text{ m/s}$ and extend-
46 ing over the entire water column are seen in observations (von Appen *et al.*,
47 2014b) and models (e.g., Magaldi *et al.*, 2011; Magaldi and Haine, 2014). In
48 the Irminger Basin the DSO follows the continental slope of the East Green-
49 land Shelf toward the North Atlantic where it supplies about one third of

50 the North Atlantic Deep Water, a major component of the Atlantic Meridional
51 Overturning Circulation (AMOC, Dickson *et al.*, 2008). The DSO
52 contributes to the AMOC also indirectly through its impact on stratification
53 and thus on convection in the Labrador Sea. For these reasons, quantifying
54 and understanding DSO variability and its adequate parameterization in
55 global circulation models (GCMs) is of high priority (Legg *et al.*, 2009; Yeager
56 and Danabasoglu, 2012; Danabasoglu and Coauthors, 2014; Wang *et al.*,
57 2015; Guo *et al.*, 2016).

58 During its transit through the Irminger Basin, the DSO is subject to mixing
59 processes that cause entrainment of ambient waters and transformation of
60 the overflow in terms of water mass properties. Thus, the water properties of
61 the DSO in the North Atlantic depend on both changes in the source waters
62 north of the DS sill and mixing processes in the Irminger Basin. While the
63 variability at the DS sill is relatively well quantified and monitored (Jochum-
64 sen *et al.*, 2012), the mixing processes downstream remain obscure due to the
65 scarcity of direct observations. The present study aims to elucidate down-
66 stream mixing and guide future measurements by using a high resolution
67 model.

68 The spatial distribution of entrainment and water mass property trans-
69 formation in the DSO have been indirectly estimated from observations. Be-
70 tween the DS sill and the Spill Jet (SJ) section, 285 km southwest, the DSO
71 nearly doubles its volume flux (to ~ 5.2 Sv, Brearley *et al.*, 2012) and de-
72 creases its density by over 0.1 kg m^{-3} (Girton and Sanford, 2003). Oxygen
73 measurements at the SJ section suggest that some of the DSO water has
74 transformed into intermediate waters ($\sigma_\theta < 27.8$; Brearley *et al.*, 2012), con-
75 sistent with forward and backward Lagrangian simulations (Koszalka *et al.*,
76 2013; von Appen *et al.*, 2014a). The detrainment implies that the entrain-
77 ment must be higher than calculated from the increase in DSO transport
78 alone.

79 Further downstream the entrainment rate drops: at the Angmagssalik
80 line, 530 km from the sill, the measured DSO transport is 6 Sv (Dickson
81 *et al.*, 2008). Thus, the majority of DSO transformation appears to occur
82 in a ~ 300 km region between DS and the SJ section, corresponding to only
83 a few grid cells of a typical GCM. In lieu of direct turbulence observations,
84 Voet and Quadfasel (2010, hereafter VQ2010) used moored temperature and
85 velocity timeseries collected in years 1999–2005 at four sections along the
86 DSO pathway. They found the highest warming rate (~ 500 mK/100 km)
87 between the DS sill and the next section 200 km downstream and an order of

88 magnitude smaller warming rate further downstream. Based on budget cal-
89 culations, VQ2010 deduced that the vertical mixing is responsible for strong
90 DSO warming near the sill while the term attributable to the mesoscale
91 variability (‘horizontal eddy stirring’) is strong enough to account for the
92 low warming rates further downstream. The hostility of the environment
93 and high DSO speeds make turbulence measurements hard and only a few
94 microstructure (turbulent fluctuation intensity in temperature and velocity)
95 profiles downstream of the sill exist (Paka *et al.*, 2013; Schaffer *et al.*, 2016).
96 The latter work presents recent turbulence observations from autonomous
97 vehicles deployed 180 km from the sill. Their results highlight a transient na-
98 ture of mixing processes and suggest that both horizontal advection of warm
99 water and vertical mixing of it into the plume are eddy-driven and are im-
100 portant in the region, as is the interaction of the overflow with topography.
101 Thus a quantitative observational assessment of the mixing processes con-
102 tributing to the intense DSO water mass property and volume flux changes
103 near the sill remains elusive.

104 In this work, we use a high resolution numerical model to diagnose the
105 local impact of mesoscale variability on the DSO mixing and water mass
106 property changes in view of motivating future work on DSO mixing parame-
107 terizations in coarse resolution models that would properly represent it. The
108 paper is organized as follows. Section 2 describe the regional ocean model as
109 well as the Lagrangian particle model used in the study. Section 3 presents
110 the results focusing on two aspects: localization of overflow water property
111 changes, vertical mixing diagnostics and mesoscale energy in geographical
112 space (a 100-km region along the overflow path close to the Denmark Strait,
113 Sect. 3.1–3.2) and time–modulation of the vertical property eddy fluxes by
114 mesoscale variability locally (Sect. 3.3). Section 4 discusses the results and
115 concludes the paper.

116 2. Methods

117 A hydrostatic version of the Massachusetts Institute of Technology gen-
118 eral circulation model (MITgcm) is used. The configuration is described in
119 Koszalka *et al.* (2013): it features a horizontal grid spacing of 2 km and 210
120 levels in the vertical (grid cell height of 15 m below 100 m), which makes
121 our model a highest-to-date resolution regional ocean model of the Irminger
122 Basin. There are three open boundaries; the western boundary is closed at
123 the east coast of Greenland. The simulation spans the summer of 2003 (1

124 July–1 September). The boundary conditions are obtained from the 1/128-
 125 resolution North Atlantic experiment of the Hybrid Coordinate Ocean Model
 126 (Chassignet and Coauthors, 2009). No-slip conditions are applied to all mate-
 127 rial boundaries. For the wind stress, we use the composite SeaWinds product
 128 (Zhang *et al.*, 2006). Other atmospheric forcing variables are derived from
 129 the National Centers for Environmental Prediction reanalysis (Kalnay and
 130 Coauthors, 1996). The tides are excluded in our configuration as they are
 131 weak in this area (von Appen *et al.*, 2014b, VQ2010).

132 The model uses partial bottom cells and a rescaled height coordinate
 133 (Adcroft and Campin, 2004) to accurately simulate the dense current flowing
 134 against the continental slope in the Irminger Basin. It also features a non-
 135 linear free surface, a flow-dependent Leith biharmonic viscosity and a third-
 136 order advection scheme with zero explicit horizontal diffusivity for tracers.
 137 A non-local K-Profile Parametrization (KPP) scheme (Large *et al.*, 1994)
 138 is used to parametrize unresolved vertical mixing processes. The scheme
 139 employs Monin-Obukhov similarity theory to compute the surface boundary
 140 layer depth and vertical mixing rate as a function of surface fluxes. Below the
 141 surface boundary layer, the scheme sums contributions due to internal wave
 142 breaking (represented by a constant background viscosity, $\nu^o = 10^{-5} \text{ m}^2 \text{ s}^{-1}$),
 143 as well as shear instability, and convective mixing as functions of the local
 144 Richardson number $Ri = N^2/Sh^2$, where N is the local buoyancy frequency
 145 and measures the stratification, and the resolved squared horizontal veloc-
 146 ity (u, v) shear is $Sh^2 = (\partial_z u)^2 + (\partial_z v)^2$. For the mixing rate due to shear
 147 instability, ν^s , we have:

$$\begin{aligned} \nu^s/\nu^o &= [1 - (Ri/Ri_o)^2]^3 & 0 < Ri < Ri_o \\ \nu^s/\nu^o &= 1 & Ri > Ri_o, \end{aligned} \quad (1)$$

148 where $Ri_o = 0.7$. The convective mixing ($N^2, Ri < 0$) is parameterized im-
 149 plicitly with $\nu_c = 0.015 \text{ m}^2 \text{ s}^{-1}$. The model diagnostics rely on a 15-minute
 150 storage period for model fields.

151 The simulation has been compared to observations of dense and interme-
 152 diate water volume fluxes as well as the hydrography at standard sections,
 153 with very good agreement (Magaldi *et al.*, 2011; Koszalka *et al.*, 2013).

154 To map the DSO pathway along the slope and its transformation we
 155 employ a set of $\mathcal{O}(10,000)$ Lagrangian particles released at the Denmark
 156 Strait and simulated offline using model three-dimensional velocity fields as

157 described in Koszalka *et al.* (2013). The particles were released in dense
158 waters ($\sigma_\theta \geq 27.8$) along a section intercepting the Denmark Strait sill and
159 the adjacent shelf, separated by 2 km in the horizontal and 25 m in vertical.
160 The particles were released ten times every 12 hours over a five day period (1–
161 5 July 2003) encompassing a passage of a mesoscale bolus and a silent period
162 between the boluses. The majority of particles deployed at the sill followed
163 the continental slope in the Irminger Basin crossing the Angmagssalik line
164 within 3 weeks; those deployed on the shelf recirculate on the Dohrn Bank
165 and around the Kangerdlugssuaq Trough spilling off the Irminger Basin at
166 various locations along the shelf break. The ensemble-mean positions of
167 particles and the ensemble particle density transformation agrees well with
168 available observations of the DSO (Koszalka *et al.*, 2013).

169 **3. Results**

170 In this study, we only consider simulated particles that at a given time
171 instant satisfy: (1) the dense-water ($\sigma_\theta \geq 27.8$) condition and, (2) are located
172 on the continental slope below the shelf break (marked by the 450 m isobath),
173 i.e., the particles following the ‘traditional’ DSO pathway along the conti-
174 nental slope (e.g., Dickson *et al.*, 2008, VQ2010). This selection excludes
175 the dense water pathways on the shelf but includes dense waters that spilled
176 off the shelf downstream of the Denmark Strait and follow the slope there-
177 after. A sequence of particle positions obeying these conditions, projected
178 on a horizontal plane, is shown in Figure 1.

179 *3.1. The DSO velocity and water mass transformation along its pathway*

180 The DSO pathway in the Irminger Basin traced by the time- and depth-
181 averaged particle positions is marked with yellow dots in fig. 2a. Time-
182 averaged (Eulerian) vertical profiles of the along-stream velocity from key
183 stations along this pathway show the average evolution of the DSO as a
184 part of the boundary current (fig. 2b). The bottom-intensified dense plume
185 accelerates during the initial descent from the sill. Passing along the slope
186 below the Dohrn Bank and at the TTO section (stations s3–4), the DSO
187 exhibits highest velocities (~ 1 m/s) with a pronounced ‘nose’ above a bot-
188 tom boundary layer. After descending into the Irminger Basin, the DSO
189 slows down to 0.25–0.35 m/s by the Sermilik Deep Opening (SDO, s6) and
190 the Angmagssalik section (s7), consistent with observations (Dickson *et al.*,
191 2008).

192 To quantify the model DSO warming along its pathway, we calculate the
193 mean Lagrangian DSO warming rate as function of distance from the DS sill
194 derived from the particle temperatures averaged in 20km-distance bins start-
195 ing at the DS sill (-27.1°W, 66.1°N). The bins have no off-shore boundary
196 encompassing all particles thus their lateral span varies depending on local
197 particle distribution (about 50 km at the sill and up to 200 km downstream,
198 see fig. 1). Each bin contains at least 1000 particles. The mean Lagrangian
199 DSO warming rate derived from binning (fig. 2c) is consistent with six-year
200 means of VQ2010 estimated from the hydrographic sections. The model
201 DSO warming rate, however, exhibits a complicated spatial structure with
202 a maximum (500–2000 mK/100 km) localized near stations 3–4 (120–180 km
203 from the sill) where the DSO speed is fastest (fig. 2b). Downstream of the
204 SJ section, the DSO warming rates drop rapidly and then fluctuate about
205 zero (± 100 mK/100km; VQ2010 report ± 50 mK/100km). These results cor-
206 respond to a mean DSO warming by 1–1.5 K over the initial 200 km, between
207 the DS sill and the TTO section, and little temperature transformation fur-
208 ther downstream in agreement with the observational study of VQ2010. Note
209 that these results differ slightly from Koszalka *et al.* (2013, their fig. 6b): their
210 region of high transformation extended to the shelf break and shelf because
211 it also included particles recirculating on the shelf.

212 We also include the Eulerian estimate of the warming rate in figure 2c
213 (light green), derived from timeseries at the model grid points satisfying
214 the DSO conditions. The Eulerian DSO warming rate is higher than the
215 Lagrangian estimate in the first 100 km from the sill. This is because the
216 Lagrangian estimate is conditioned on the particle deployment site. The
217 Eulerian estimate derived from averaging in the grid points, on the other
218 hand, include dense waters recirculating in the sill vicinity which are more
219 likely to have been mixing with warm waters of the Irminger current flowing
220 into the Denmark Strait (Magaldi *et al.*, 2011; Jochumsen *et al.*, 2015).

221 Figure 2d shows a scatterplot of the mean warming and buoyancy gain
222 rates along the DSO path. Both, Lagrangian and Eulerian estimates suggest
223 a linear relationship supporting the choice of the temperature as a proxy for
224 the density changes in the overflow plume as proposed by VQ2010.

225 3.2. Spatially localized mixing and mesoscale variability

226 Here we investigate Eulerian time-mean diagnostics relevant to the DSO
227 mixing and warming along its pathway in the Irminger Basin. Figure 3a
228 shows a time-mean vertical shear of horizontal velocity resolved by the model,

229 Sh , a key variable in many mixing parameterizations (Large *et al.*, 1994; Legg
 230 *et al.*, 2009). The shear is high in the bottom ~ 100 m along the entire path-
 231 way, but the maximum occurs at s3 (DB) where the high shear extends over
 232 the entire water column. The inverse Richardson number, $Ri^{-1} = Sh^2/N^2$ is
 233 $\mathcal{O}(100)$ suggesting the importance of shear-driven turbulence in mixing and
 234 the attendant DSO warming that peaks in this area (fig. 2c). The intensi-
 235 fied mixing and shear co-locates with the maximum in eddy kinetic energy
 236 (EKE ; $EKE = (u'^2 + v'^2 + w'^2)/2$ [m^2/s^2], u', v', w' are the residual calculated
 237 with respect to the 60-day long model simulation), shown with contours in
 238 fig. 3a. The elevated EKE is related to the cascading overflow boluses which
 239 dominate the variability of the velocity in the area between the DS sill and
 240 the Spill Jet section 300 km downstream (Magaldi *et al.*, 2011; Jochumsen
 241 *et al.*, 2012; von Appen *et al.*, 2014b; Voet and Quadfasel, 2010, see also sect.
 242 3.3 of this manuscript). Hereafter, we refer to these bolus-eddy structures
 243 collectively as ‘DSO-eddies’ (Denmark Strait Overflow eddies).

244 We note that the DSO-eddy descent into the Irminger Basin near the
 245 convex Dohn Bank radiates internal waves propagating off shore into the
 246 Irminger basin (fig. 3b). This indicates that internal waves may be impor-
 247 tant for the enhanced DSO warming, but if so, their effect will be in time
 248 modulated by the passage of the DSO-eddies. We analyze the temporal vari-
 249 ability of the DSO mixing and warming in the following section.

250 3.3. Temporal modulation of mixing by the mesoscale variability

251 We further assess the role of mesoscale variability in DSO mixing by fo-
 252 cusing on station 3 (DB) where the transformation rates and the velocity
 253 shear are highest. The station time series- and anomaly (residual, as in cal-
 254 culation of EKE , see above) time series of various variables are shown in
 255 fig. 4; only two weeks are shown for clarity. Panel a shows potential density;
 256 the dense water boluses are marked by the 27.8-density contour. The density
 257 anomaly in the overflow boluses is $\overline{\Delta\rho^+} \approx 0.1 \text{ kg m}^3$ with respect to the mean
 258 and their average vertical extent is $\overline{d^+} \approx 200$ m. The boluses feature a nega-
 259 tive temperature anomaly of 1-2° C (fig. 4b) and peaks in along-flow velocity
 260 (fig. 4c), often extending over the entire water column due to the overlying
 261 cyclonic eddies (supporting the notion of the ‘DSO-eddies’). Typically, the
 262 passage of a DSO-eddy is marked by downwelling as it arrives, then up-
 263 welling as it departs (fig. 4d), (see Magaldi *et al.*, 2011; Magaldi and Haine,
 264 2014; Harden *et al.*, 2014, for a more detailed discussion of the eddy-driven

265 spilling events). These vertical displacements carrying a negative temper-
 266 ature anomaly are associated with positive-then-negative enhanced vertical
 267 eddy temperature flux (VETF) levels (fig. 4e), which points to the role of
 268 DSO-eddies in local mixing and DSO warming. Note that the relationship
 269 between the density, velocity and other diagnostics is not obvious during two
 270 DSO-eddy events captured by fig. 4 (see e.g., day 9 and day 10.5). This is
 271 due to three-dimensional spatial variability of the flow that is not captured
 272 by time series in this particular location. In addition, individual DSO-eddy
 273 events may feature more complicated dynamics when involving intermittent
 274 spilling of dense water from the shelf (see e.g., fig. 9 in Magaldi *et al.*, 2011)
 275 and attendant divergence of the velocity field. See Magaldi *et al.* (2011),
 276 Magaldi and Haine (2014) and Harden *et al.* (2014) for a more detailed dis-
 277 cussion of the complex three-dimensional flow of the boundary current; here
 278 we focus on localized influence of the boluses on temperature and mixing
 279 diagnostics.

280 To further quantify the temporal modulation of mixing and transforma-
 281 tion by the mesoscale, we calculate time-mean diagnostics conditioned on
 282 the passage of DSO-eddies (fig. 5). To this end, we extract events of positive
 283 peak velocity anomalies (DSO-eddy+, $U \geq \bar{U} + \sigma_U$) and periods of slower
 284 flow (DSO-eddy-, $U \leq \bar{U} - \sigma_U$) for along stream velocity at the depth of
 285 its peak (average over 650-800 m). The DSO-eddy+ and DSO-eddy- events
 286 amount to 28% and 34% of the time period, respectively. The results are
 287 insignificantly different when using other DSO-eddy+ and DSO-eddy- con-
 288 ditions but the number of time points contributing to the means is smaller
 289 when the condition is more strict.

290 To quantify the impact of DSO-eddies, we calculate composites of the
 291 horizontal velocity (fig. 5a). It peaks at the overflow nose (650-800 m) to an
 292 average of 1.4 m/s during the DSO-eddy+ events, i.e., the flow is twice as
 293 fast than during the DSO-eddy- periods. The Pearson correlation between
 294 the along stream velocity at the nose and the velocity shear in the bound-
 295 ary layer below 800 m is $r=0.67$ for unfiltered time series, and $r=0.84$ when
 296 applying a low-pass Butterworth filter with the cut-off frequency $1/24 \text{ h}^{-1}$.
 297 The scatterplot of the velocity and velocity shear is shown as insert in fig. 5a.
 298 A clear linear relation between the two quantities motivates future param-
 299 eterizations. In the bottom boundary layer the stratification is on average
 300 weaker during the DSO-eddy+ events and in 35% of the cases we record a
 301 neutral stratification ($N^2=0$). The divergence of the VETF (fig. 5b) leads
 302 to a warming of the bottom (densest) waters and a cooling of the interface

303 layer and the ambient water above, and is doubled during the DSO-eddy+
304 periods with respect to the time mean.

305 4. Discussion and Conclusions

306 The sparse observations suggest that mesoscale phenomena and atten-
307 dant mixing in the Irminger Basin may imprint on the DSO properties (e.g.,
308 Voet and Quadfasel, 2010; Falina *et al.*, 2012; Jochumsen *et al.*, 2015; Schaf-
309 fer *et al.*, 2016) with consequences for the Atlantic Meridional Overturning
310 Circulation (Yeager and Danabasoglu, 2012; Danabasoglu and Coauthors,
311 2014; Wang *et al.*, 2015).

312 In this work we employ a high resolution model (2 km horizontal, 15 m in
313 the vertical, 60-day simulation period) to quantify temperature changes and
314 mixing processes in the DSO. We focus on the main overflow pathway along
315 the continental slope in the Irminger Basin (fig. 1a) where the DSO exhibits
316 warming (Voet and Quadfasel, 2010). We study the impact of mesoscale
317 variability on the DSO mixing and water mass property changes in view of
318 motivating future work on sub-grid scale parameterizations in coarse resolu-
319 tion models that would properly represent it. We are focusing on overflow
320 water property changes, vertical mixing diagnostics (vertical shear of hor-
321 izontal velocity, vertical velocity, vertical eddy heat flux divergence) and
322 mesoscale energy in a 100-km region along the overflow path close to the
323 Denmark Strait. We also quantify time-modulation of these diagnostics by
324 mesoscale variability.

325 The modeled Lagrangian DSO warming rate (fig. 2c) shows elevated val-
326 ues 100–200 km downstream of the Denmark Strait sill where the DSO warms
327 by about 1 K, which constitutes most of the transformation along the entire
328 700 km pathway in the Irminger Basin. The model warming rates are consis-
329 tent with those inferred from measurements (Voet and Quadfasel, 2010) and
330 correspond to the observed net increase in the DSO volume flux from 3 Sv
331 to 5.2 Sv between the Denmark Strait sill and the Spill Jet section (280 km
332 downstream, (Brearley *et al.*, 2012)). The high-resolution model however
333 unravels a strong space-time localization of the warming.

334 Our model results highlight the role of the mesoscale, namely the DSO
335 boluses and overlying cyclonic eddies. The boluses and cyclones (called here
336 collectively ‘DSO-eddies’) are prominent flow features in the region where
337 the DSO warming rates are highest downstream from the Denmark Strait
338 sill (between the Dohn Bank and the TTO section) and the velocity shear

339 and the eddy kinetic energy peak throughout the entire water column. The
340 passage of the mesoscale DSO-eddies temporally modulates the time series of
341 temperature and density and diagnostics relevant to mixing (velocity shear,
342 vertical velocity and vertical eddy heat divergence). The DSO-eddies cause
343 increase in the velocity shear and transient unstable stratification in the bot-
344 tom boundary layer. Notably, our results regarding the mesoscale variability
345 of the DSO are reminiscent of the Faroe Bank Channel Overflow that likewise
346 exhibits a few-day and 20-50 km variability (Seim *et al.*, 2010). Although
347 eddy generation mechanisms and characteristics in the two overflows are dif-
348 ferent (The Faroe Bank Channel eddies are more baroclinic and are symmet-
349 ric with respect to the vorticity sign, see Guo *et al.*, 2014), the importance
350 of mesoscale variability is evident in both.

351 In this work we are not seeking to describe complex three-dimensional
352 dynamics of the boundary current (these were addressed by Magaldi *et al.*,
353 2011; Magaldi and Haine, 2014) but rather quantify the localized influence
354 of the mesoscale DSO-edies on temperature and mixing diagnostics in view
355 that these could motivate future parameterization development. The tempo-
356 ral modulation of shear and stratification by the DSO mesoscale variability
357 resolved by our regional model is relevant to the overflow representation in
358 coarse models where routinely the mixing coefficients are functions of the
359 resolved velocity shear and stratification and mesoscale eddies are not re-
360 solved. The K-Profile scheme (KPP, Large *et al.*, 1994) used in our model,
361 is employed widely by the ocean modeling community. The KPP is focused
362 on representation of the surface mixing processes. In the interior ocean, it
363 accounts for shear-induced mixing but not for a bottom boundary layer or
364 other effects specific to the overflows. Major improvement of overflow pa-
365 rameterizations emerged from the effort of the Gravity Current Entrainment
366 Climate Process Team (CPT, Legg *et al.*, 2009). They developed a new
367 parameterization (Jackson *et al.*, 2008) that represents the shear-driven en-
368 trainment of the ambient water at the top (interfacial) layer of the overflow
369 plume and the mixing within the bottom boundary layer of the plume lead-
370 ing to the homogenization of its properties. Their scheme, implemented in
371 global models with credible results (Wang *et al.*, 2015), accounts for regional
372 differences in turbulent length scales as well as nonlocal turbulent transport
373 but does not include the effects of mesoscale eddies. Recently a new eddy
374 parameterization has been introduced (Hallberg, 2013) based on eddy length
375 scales and addressing the different model spatial resolutions. However, it
376 does not include the temporal modulation of mixing by mesoscale DSO-

377 eddies nor their intermittent extended impact on velocity, temperature, heat
378 fluxes over the entire water column. These effects need to be addressed by
379 the next generation of parameterizations.

380 The model results suggest that internal waves may be important in the re-
381 gion of enhanced DSO transformation. DSO-eddy descent into the Irminger
382 Basin near the convex Dohn Bank radiates internal waves evident in both
383 hydrostatic and nonhydrostatic configurations of our model of different res-
384 olutions (Magaldi and Haine, 2014). However, the differences in dense water
385 transports are insensitive to the changes in horizontal resolution and verti-
386 cal momentum dynamics. This can be explained by the limitations of the
387 KPP scheme or by the fact that the waves propagate away into the center of
388 the Irminger Basin with little effect on the slope-bound overflow. The latter
389 explanation is consistent with the distribution of the baroclinic conversion
390 terms and vertical eddy kinetic energy that shows differences between the dif-
391 ferent configurations only off-shore from the DSO pathway. Future studies
392 with models of higher resolution and not limited by the hydrostatic formu-
393 lation should assess the role of internal wave processes as well as that of the
394 tides that are excluded in our configuration. The high resolution would also
395 help to elucidate the importance of eddy–topography interaction suggested
396 by observations (Schaffer *et al.*, 2016).

397 In studying the local modulation of mixing by the mesoscale we focus on
398 vertical mixing diagnostics (the vertical shear of horizontal velocity and the
399 eddy heat divergences) that clearly show time signature of the DSO-eddies.
400 Our results regarding the importance of vertical mixing close to the Denmark
401 Strait to the DSO water property changes are consistent with the conclusions
402 of VQ2010. We choose not to address the mesoscale ‘horizontal stirring’ that
403 is notoriously difficult to quantify by means of horizontal eddy flux statis-
404 tics. Statistically-significant assessment of horizontal eddy flux divergences
405 requires a long-term (multi-year) time series and a careful choice of the length
406 scale for spatial averaging (see Isachsen *et al.*, 2012, , and references herein).
407 The estimates of ‘horizontal stirring’ by VQ2010 were based on sparse mea-
408 surements from sections, XBT casts and budget considerations, and these
409 were accompanied by large uncertainties. Trying to reproduce their results
410 with a model and confronting various sources of differences like the sparsity
411 and representativeness of the measurements, interannual variability, and the
412 model fidelity is beyond the scope of this work. Estimation of the ‘horizontal
413 eddy stirring’ calls for a future collaborative effort using both model and a
414 more recent compilation of existing observations in the Irminger Basin (Paka

415 *et al.*, 2013; von Appen *et al.*, 2014a; Jochumsen *et al.*, 2015; von Appen
416 *et al.*, 2014b) and requires future dedicated measurement campaigns near
417 the Dohn Bank and the TTO section.

418 In this work, we focused on the main overflow pathway along the conti-
419 nental shelf and excluded the dense water pathways on the East Greenland
420 Shelf that have been hypothesized based on sparse observations (e.g., Rudels
421 *et al.*, 2002; Falina *et al.*, 2012) and investigated in detail by our previous
422 model study (Koszalka *et al.*, 2013, see fig.9). The contribution of shelf
423 pathways to the overflow in terms of the volume flux has been estimated to
424 be only about 1 Sv (Falina *et al.*, 2012). This is likely because the dense
425 water transport onto the shelf is lower than that over the Denmark Strait sill
426 (Macrande *et al.*, 2007) and because the dense water on the shelf is subject
427 to de-densification due to mixing with polar waters (Koszalka *et al.*, 2013).
428 The DSO volume flux along the continental slope in the Irminger Basin is
429 much larger and attendant mixing and entrainment processes likely dominate
430 its variability (3.4 Sv at the Denmark Strait sill doubled by the Angmagssalik
431 section 600 km downstream, Dickson and Brown, 1994; Voet and Quadfasel,
432 2010). Still, the shelf pathways need further dedicated observational diagno-
433 sis and numerical representation in coarse ocean models.

434 Proper representation of deep overflows in GCMs is crucial for reliable
435 simulations of the present and future climate (Legg *et al.*, 2009; Danaba-
436 soglu and Coauthors, 2014; Wang *et al.*, 2015). Our results suggest that the
437 temporal modulation of mixing by the mesoscale variability and the atten-
438 dant mixing localization should be included in future overflow parameteriza-
439 tions. Targeted field campaigns to further empirically quantify the effect of
440 mesoscale variability on DSO mixing and warming are another high priority.

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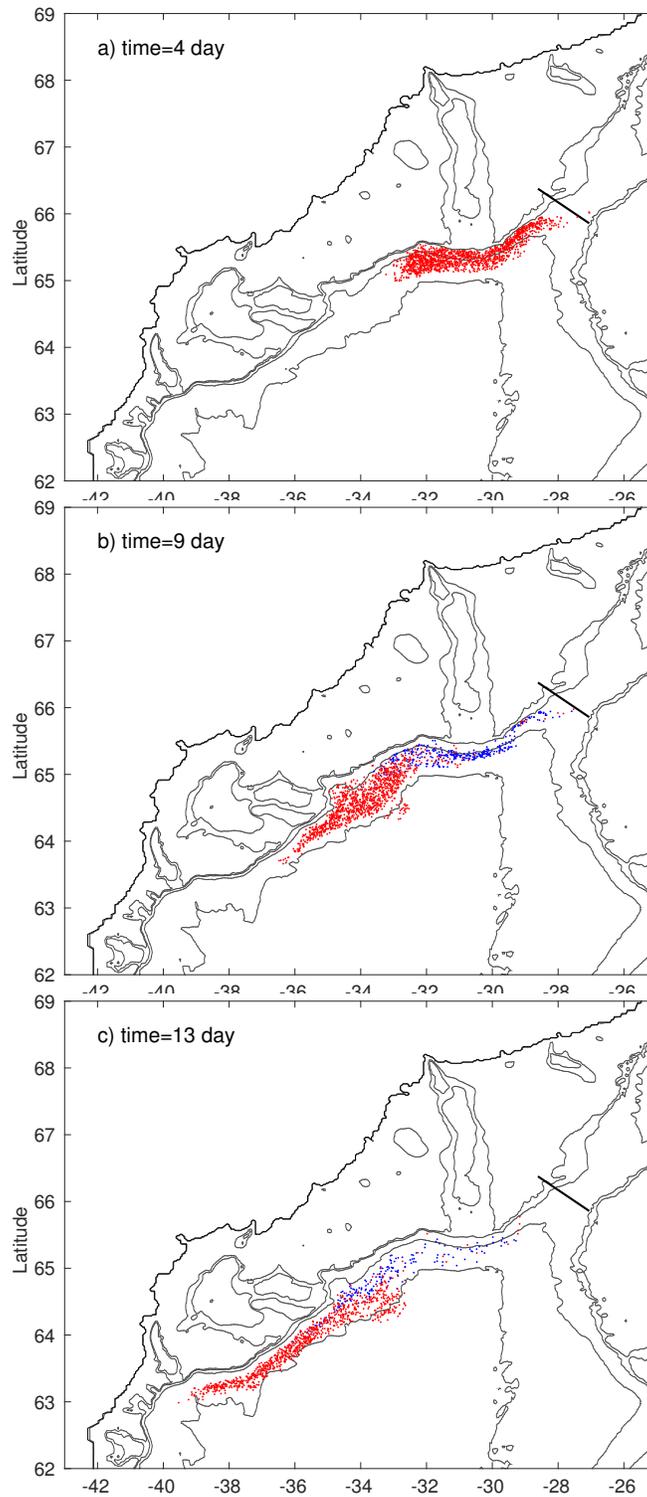


Figure 1: A sequence of ensemble particle positions projected on the horizontal plane on days: 4 (a), 9 (b), 13 (c). The particles were released every half a day over 5 days but time is counted individually for each particle since its release. Particles originating at the Denmark Strait sill are marked in red, those released on the adjacent shelf in blue. The coastline and bathymetric contours of 350, 450, 1000 and 2000 m are shown.

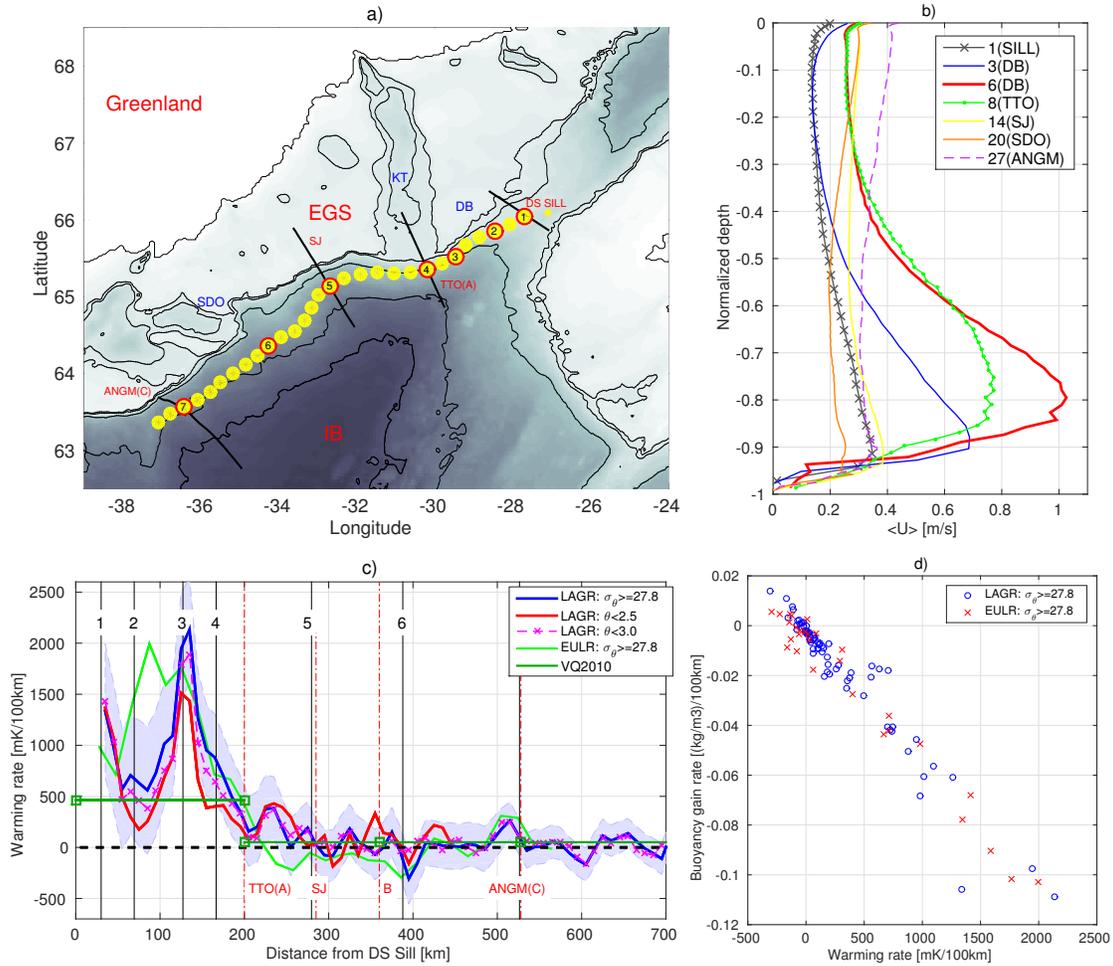


Figure 2: a) A part of the model domain showing the Irminger Basin (IB) and the East Greenland Shelf (EGS) with stations along the DSO path (yellow dots, selected stations have red circles). The hydrographic sections (black lines) are: Denmark Strait, TTO, Spill Jet (SJ) and Angmagssalik (ANGM). Denmark Strait sill (DS sill), Kangerdlugssuaq Trough (KT), Dohrn Bank (DB) and Sermilik Deep Opening (SDO) are marked. The coastline and bathymetric contours of 350, 450, 1000, 2000 and 2500 m are shown. The intensity of gray shading scales with depth of the water column. b) Normalized (with respect to local depth), time-mean profiles of along-stream speed U at selected sections. c) Warming rates derived from dense particles (LAGR) binned in 20-km distance bins following the DSO path for different DSO definitions used by VQ2010; their warming rate estimates (from standard sections A–C) are shown with dark green straight lines. The Eulerian estimate along the same path (EULR) is shown in light green. The confidence intervals are from the standard deviation of the binned particle temperatures for the (LAGR: $\sigma \geq 27.8$) particle set. d) Scatterplot of the mean warming- and buoyancy gain rates along the DSO path (panel a) from Lagrangian (LAGR) and Eulerian (EULR) estimates.

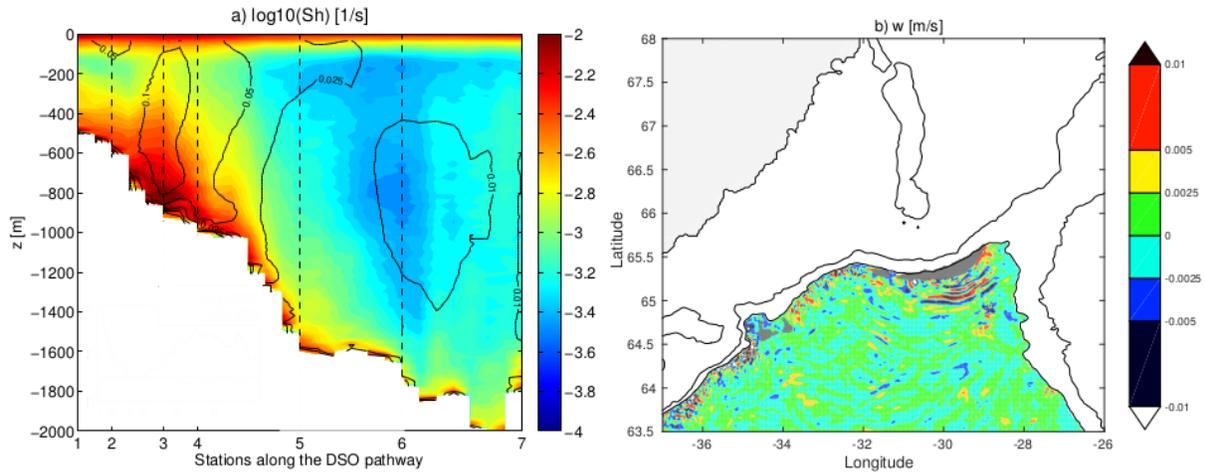


Figure 3: (a) Time-averaged vertical shear of horizontal velocity along the DSO pathway shown in Fig. 1a. Superimposed are contours of constant total eddy kinetic energy ($[m^2/s^2]$). (b) A snapshot of the vertical velocity field ($[m/s]$) at 1000 m depth during a passage of a beddy ($\sigma_\theta \geq 27.8$ at 1000 m depth patched in gray) triggering internal waves near the Dohrn Bank.

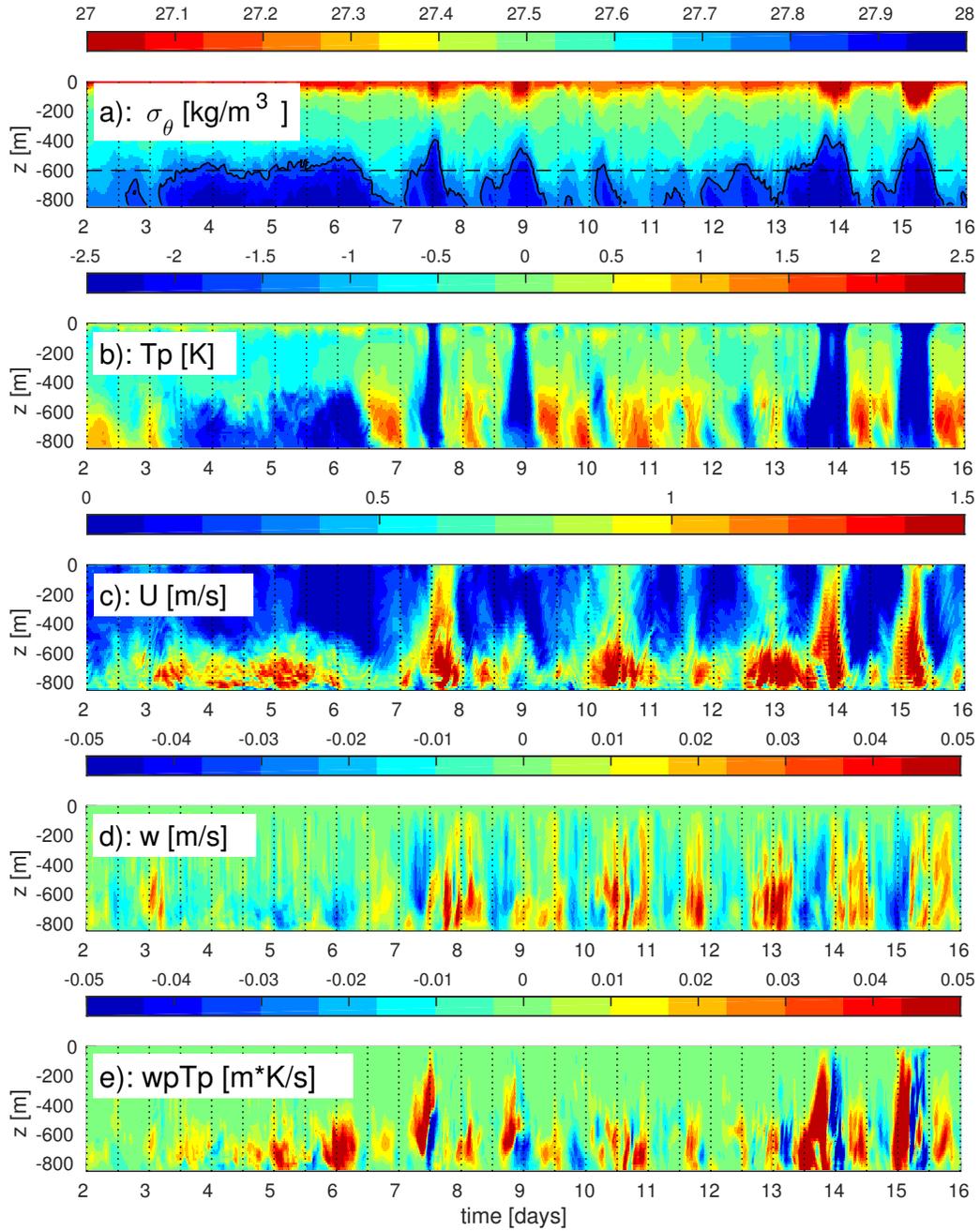


Figure 4: Time series at Station 3 (DB) of: (a) potential density, with the 27.8-isopycnal marked with a black line. (b) temperature anomaly, (c) along-stream velocity, (d) vertical velocity, (e) product of vertical velocity- and temperature anomaly. The anomalies are calculated with respect to the two-month long simulation but only two weeks are shown for clarity.

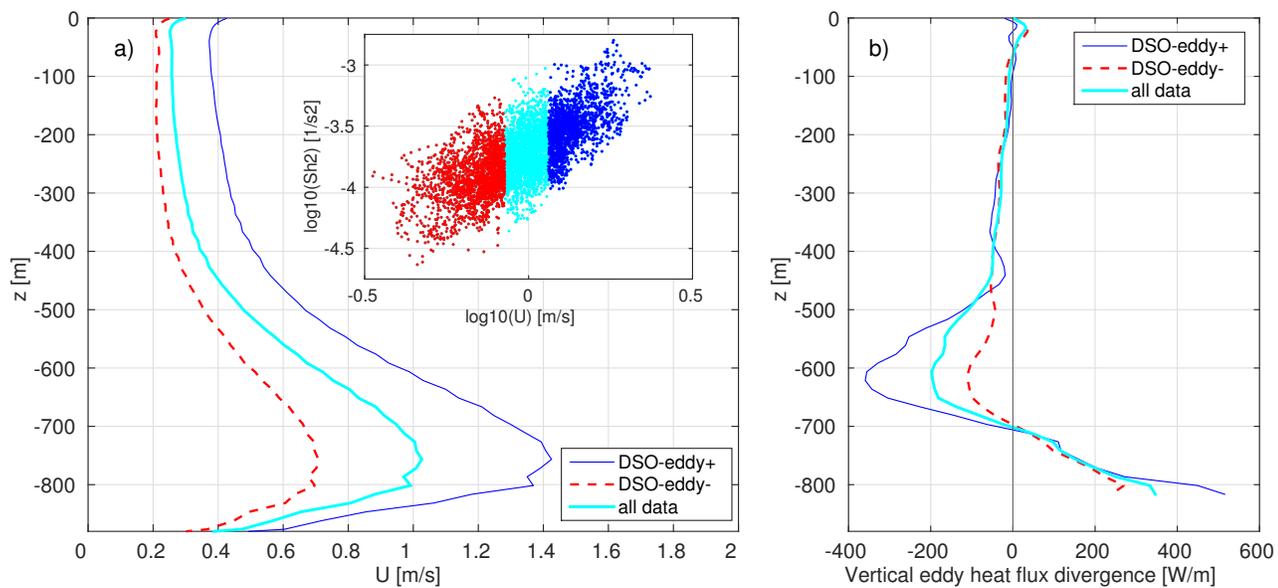


Figure 5: Time-average profiles at Station 3 (DB) for all data and conditioned on the presence of mesoscale Denmark Strait eddies (‘DSO-eddies’, see text), of: (a) along-stream velocity. The insert scatterplot shows timeseries of squared shear Sh^2 at the bottom boundary layer (below 800 m) versus along-stream velocity at 650–800 m (depth of the peak velocity), (b) vertical eddy heat flux divergence.